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## PRAYERS AFTER MASS

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### *PLACEAT*

Pláceat tibi, sancta Trínitas, obséquium servitútis meæ: et præsta; ut sacrificium, quod óculis tuæ maiestátis indígnus óbtuli, tibi sit acceptábile, mi-híque et ómnibus, pro quibus illud óbtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

### *ORATIO S. THOMÆ DE AQUINO*

Grátias tibi ago,  
Dómine, sancte Pater, omnípotens ætérne Deus,  
qui me peccatórem, indígnum fámulum tuum,  
nullis meis méritis,

sed sola dignatióne misericórdiæ tuæ  
satiáre dignátus es pretiósó

Córpore et Sáanguine Fílii tui,  
Dómini nostri Iesu Christi.

Et precor, ut hæc sancta commúnio  
non sit mihi reátus ad pœnam,  
sed intercæssio salutáris ad véniam.

Sit mihi armatúra fídei,  
et scutum bonæ voluntátis.

Sit vitiórum meórum evacuátio,  
concupiscéntiæ et libídinis exterminátio,  
caritátis et patiéntiæ,  
humilitátis et obœdiéntiæ,  
omniúmque virtútum augmentátio:

***PRAYER TO THE BLESSED TRINITY***  
(FOR PRIESTS)

May the tribute of my humble ministry be pleasing to you, Holy Trinity. Grant that the sacrifice which I—unworthy as I am—have offered in the presence of your majesty, may be acceptable to you. Through your mercy may it bring forgiveness to me and to all for whom I have offered it: through Christ our Lord. Amen.

***PRAYER OF ST. THOMAS AQUINAS***

Lord, holy Father, almighty and ever-living God,  
I thank you.

For though I am a sinner

and your unprofitable servant,

you have fed me with the precious Body and Blood  
of your Son, our Lord Jesus Christ.

You did this not because I deserved it,  
but because you are kind and merciful.

I pray that this holy Communion

may not add to my guilt and punishment,  
but may lead me to forgiveness and salvation.

May it be for me the armor of faith  
and the shield of good will.

May it purify me from evil ways  
and put an end to my base passions.

May it bring me charity and patience,  
humility and obedience,  
and may it strengthen my power

contra insídias inimicórum ómnium,  
tam visibílium quam invisibílium,  
    firma defénsio:  
mótuum meórum,  
    tam carnálium quam spiritálium,  
perfécta quietátio:  
in te uno ac vero Deo firma adhæsió,  
atque finis mei felix consummátio.  
Et precor te, ut ad illud ineffábile convívium  
me peccatórem perdúcere dignéris,  
ubi tu, cum Fílio tuo et Spíritu Sancto,  
Sanctis tuis es lux vera,  
    satietas plena,  
gáudium sempitérnum,  
    iucúnditas consummáta et felicitas perfécta.  
Per Christum Dóminum nostrum. Amen.

### *ORATIO S. BONAVENTURÆ*

Transfíge, dulcíssime Dómine Iesu,  
medúllas et víscera ánimæ meæ  
suavíssimo ac salubérrimo amóris tui vúlnerē,  
vera serenáque et apostólica sanctíssima caritáte,  
ut lángueat et liquefiat ánima mea  
solo semper amóre et desidério tui;  
te concupíscat et defíciat in átria tua,  
cúpiat dissólvi et esse tecum.  
Da ut ánima mea te esúriat, panem Angelórum,  
refectiónem animárum sanctárum;  
panem nostrum cotidiánum, supersubstantiálem,  
habéntem omnem dulcédinem et sapórem,  
et omne delectaméntum suavitátis.  
Te, in quem desíderant Angeli prospícere,  
semper esúriat et cómedat cor meum,  
et dulcédine sapóris tui repléantur

to do every kind of good.  
May it be a strong defense against the deceit  
of all my enemies, visible and invisible.  
May it calm perfectly all my evil impulses,  
bodily and spiritual.  
May it unite me more closely to you,  
the one true God;  
may it bring me full possession of the goal  
I am longing for.  
And I pray that you will lead me, a sinner,  
to the magnificent banquet where you,  
with your Son and the Holy Spirit,  
are for all your saints the true light, total fulfillment,  
everlasting joy, gladness without end,  
exquisite delight, and most perfect happiness.  
Grant this through Christ our Lord. Amen.

### *PRAYER OF ST. BONAVENTURE*

Most sweet Lord Jesus, pierce my inmost heart with  
the most dear and most bracing wound of your love.  
Pierce it with true, serene, apostolic, and most holy  
charity, that my soul may ever yearn and melt with  
love for you and the desire to possess you.  
May my soul be drawn toward you and overwhelmed  
with the hope of entering your courts.  
May it long to be dissolved and to be with you.  
Grant that my soul may hunger for you,  
the Bread of angels and the food of holy souls,  
our supersubstantial Bread,  
having in itself every sweetness and good taste,  
having the delightfulness of all that charms my heart.  
May my heart always long for you,  
and find its nourishment in you,  
on whom the angels long to gaze,

víscera ánimæ meæ;  
te semper sítiat fontem vitæ,  
fontem sapiéntiæ et sciéntiæ,  
fontem ætérni lúminis, torréntem voluptátis,  
ubertátem domus Dei.

Te semper ámbiat, te quærat, te invéniat,  
ad te tendat, ad te pervéniat,  
te meditétur, te loquátur,  
et ómnia operétur in laudem et glóriam nóminis tui,  
cum humilitáte et discretiône,  
cum dilectiône et delectatiône,  
cum facilitáte et afféctu,  
cum perseverántia usque in finem;  
ut tu sis solus semper spes mea, tota fidúcia mea,  
divítiae meæ, delectátio mea, iucúnditas mea,  
gáudium meum, quies et tranqúillitas mea,  
pax mea,  
suávitas mea, odor meus, dulcédo mea, cibus meus,  
reféctio mea, refúgium meum, auxílium meum,  
sapiéntia mea, pórtio mea,  
posséssio mea, thesáurus meus,  
in quo fixa et firma et immobíliter  
semper sit radicáta  
mens mea et cor meum. Amen.

### **ASPIRATIONES AD SS.MUM REDEMPTOREM (ANIMA CHRISTI)**

Anima Christi, sanctífica me.  
Corpus Christi, salva me.  
Sanguis Christi, inébria me.  
Aqua láteris Christi, lava me.  
Pássio Christi, confórta me.  
O bone Iesu, exáudi me.  
Intra tua vúlnera abscónde me.



and may my inmost heart be filled  
with the sweetness of your savor.  
May my heart thirst for you, the fountain of life  
and of wisdom and of knowledge  
and of eternal life, the torrent of pleasure,  
and the richness of the house of God.

May my heart always draw near to you,  
seek you, catch sight of you, be drawn to you,  
and arrive at your presence.

May my heart think of you, speak of you,  
and do all things that it does

for the glory of your name,  
with humility and care and affection and delight,  
with eagerness and with deep feeling,  
and with perseverance to the end.

Thus may you alone always be my hope,  
all my confidence, my joy, my rest and  
my tranquility, my peace, all that charms me;  
my fragrance, my sweetness, my food,  
my nourishment, my refuge, my help, my wisdom,  
my portion, my possession, my treasure.

In you may my mind and my heart  
be fixed and secure and rooted  
forever without any change. Amen.

### *PRAYER TO OUR REDEEMER*

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

Good Jesus, hear me.

In your wounds, hide me.

Ne permittas me separári a te.  
Ab hoste maligno defénde me.  
In hora mortis meæ voca me.  
Et iube me veníre ad te,  
ut cum Sanctis tuis laudem te  
in sæcula sæculórum. Amen.

### *OBLATIO SUI*

Súscipe, Dómine, univérsam meam libertátem.  
Accipe memóriam,  
intelléctum atque voluntátem omnem.  
Quidquid hábeo vel possídeo, mihi largítus es:  
id tibi totum restítuo,  
ac tuæ prorsus voluntáti trado gubernándum.  
Amórem tui solum cum grátia tua mihi dones,  
et dives sum satis, nec áliud quidquam ultra posco.

### *AD IESUM CHRISTUM CRUCIFIXUM*

En ego, o bone et dulcíssime Iesu,  
ante conspéctum tuum génibus me provólvo,  
ac máximo ánimi ardóre te oro atque obtéstor,  
ut meum in cor vívidos  
fídei, spei et caritátis sensus,  
atque veram peccatórum meórum pæniténtiam,  
eáque emendándi firmíssimam voluntátem  
velis imprímere;  
dum magno ánimi afféctu et dolóre  
tua quinque vúlnera mecum ipse consídero  
ac mente contéplor,  
illud præ óculis habens,  
quod iam in ore ponébat tuo David prophéta de te,  
o bone Iesu:  
«Fodérunt manus meas et pedes meos:  
dinumeravérunt ómnia ossa mea.» (Ps 21:17)

Apart from you let me never be.  
From the enemy, defend me.  
At the hour of my death, call me.  
And close to you bid me,  
that with your saints I may always be  
praising you eternally. Amen.

### *SELF-DEDICATION TO JESUS CHRIST*

Lord, take all my freedom.  
Accept my memory, my understanding, and my will.  
You have given me all that I have or hold dear.  
I return it to you, that it may be governed  
by your will.  
Give me only your grace and the gift of loving you,  
and I will be rich enough;  
I will ask for nothing more. Amen.

### *PRAYER TO JESUS CHRIST CRUCIFIED*

Look down upon me,  
O good and sweetest Jesus,  
while before your face I humbly kneel.  
Most fervently I pray and beg you to fix  
deep within my heart lively sentiments  
of faith, hope, and charity,  
true sorrow for my sins,  
and a firm purpose of amendment.  
With deep affection and sorrow  
I contemplate your five wounds.  
I have before my eyes,  
O good Jesus,  
what David the prophet spoke of you,  
as though you were saying it yourself:  
"They have pierced my hands and my feet,  
they have numbered all my bones" (Ps 22[21]:17).



**ORATIO UNIVERSALIS***(sub nomine Clementis Pp. XI vulgata)*

Credo, Dómine, sed credam fírmius;  
spero, sed sperem secúrius;  
amo, sed amem ardéntius;  
dóleo, sed dóleam veheméntius.

Adóro te ut primum princípium;  
desídero ut finem últimum;  
laudo ut benefactórem perpétuum;  
ínvoco ut defensórem propítium.

Tua me sapiéntia dírige,  
iustítia cóntine,  
cleméntia soláre,  
poténtia prótege.

Offero tibi, Dómine, cogitánda, ut sint ad te;  
dicénda, ut sint de te;  
faciénda, ut sint secúndum te;  
ferénda, ut sint propter te.

Volo quidquid vis,  
volo quia vis,  
volo quómodo vis,  
volo quámdiu vis.

Oro, Dómine: intelléctum illúmines,  
voluntátem inflámmes,  
cor emúndes,  
ánimam sanctífices.

Défleam prætéritas iniquitátes,  
repéllam futúras tentatiónes,  
córrigam vitiósas propensiónes,  
éxcolam idóneas virtútes.

Tríbue mihi, bone Deus,  
amórem tui, ódium mei,  
zelum próximi,  
contéptum mundi.

## THE UNIVERSAL PRAYER

*(attributed to Pope Clement XI)*

Lord, I believe in you; grant me stronger faith.  
I trust in you; give me a more confident hope.  
I love you; may I love you more ardently.  
I am sorry for my sins; may I have a deeper sorrow.  
I worship you as my first beginning;  
I long for you as my last end.  
I praise you as my constant helper  
    and invoke you as my gracious protector.  
Guide me by your wisdom,  
correct me with your justice,  
comfort me with your kindness,  
protect me with your power.  
I offer you, Lord, my thoughts, that they may rise to you;  
my words, that they may speak of you;  
my actions, that they may follow your will;  
my sufferings, that they may be borne for you.  
I will whatever you will:  
I will all because you will it;  
I will all things to be as you wish them;  
I will them as long as you will them.  
Lord, enlighten my understanding,  
in flame my will,  
purify my heart,  
and sanctify my soul.  
Help me repent of my past sins  
    and put to flight future temptations.  
Make me conquer my evil inclinations  
    and cultivate the virtues I should have.  
Grant that I may love you, O good God,  
and despise myself.  
May I have zeal for my neighbor  
    and contempt for the world.

Stúdeam superióribus oboedíre,  
inferióribus subveníre,  
amícis consúlere,  
inimícis párcere.

Vincam voluptátem austeritáte,  
avarítiam largitáte,  
iracúndiam lenitáte,  
tepiditátem fervóre.

Redde me prudéntem in consíliis,  
constántem in perículis,  
patiéntem in advérsis,  
húmilem in prósperis.

Fac, Dómine, ut sim in oratióne atténtus,  
in épulis sóbrius,  
in múnere sédulus,  
in propósito firmus.

Curem habére innocéntiam interiórem,  
modéstiam exteriórem,  
conversatiónem exemplárem,  
vitam regulárem.

Assídue invígilem natúræ domándæ,  
grátiae fovéndæ,  
legi servándæ,  
salúti promeréndæ.

Discam a te quam ténue quod terrénum,  
quam grande quod divínium,  
quam breve quod temporáneum,  
quam durábile quod ætérnum.

Da, ut mortem prævéniám,  
iudícium pertímeám,  
inférnum effúgiam,  
paradísium obtíneám.

Per Christum Dóminum nostrum. Amen.

May I strive to obey my superiors  
and to assist those dependent on me;  
make me solicitous of my friends,  
and happy to spare my enemies.  
Help me to master pleasure-seeking by austerity,  
greed by generosity,  
anger by gentleness,  
and apathy by fervor.  
Make me prudent in my plans,  
courageous in times of danger,  
patient in suffering,  
and unassuming in prosperity.  
Keep me, Lord, attentive at prayer,  
temperate in food and drink,  
diligent in my work,  
and firm in my good intentions.  
Let my inner life be innocent  
and my outer behavior modest.  
Let my speech be blameless  
and my life well-ordered.  
May I take care to master my natural impulses;  
let me cherish growth in grace.  
May I keep your law,  
and come at last to win salvation.  
Teach me to realize how slight are earthly things  
and how great is that which is divine,  
how swiftly things of time pass,  
and how enduring are eternal realities.  
Help me prepare for death  
and have a right fear of judgment;  
may I escape hell  
and take possession of heaven.  
Grant this through Christ our Lord. Amen.

## *ORATIO AD BEATAM MARIAM VIRGINEM*

O María, Virgo et Mater sanctíssima,  
ecce suscepí dilectíssimum Fílium tuum,  
quem immaculáto útero tuo concepísti, genuísti,  
lactásti atque suavíssimis ampléxibus strinxisti.  
Ecce, cuius aspéctu lætabáris  
et ómnibus delíciis replebáris,  
illum ipsum tibi humíliter

et amánte repræsentó et ófferó,  
tuis brácciiis constringéndum, tuo corde amándum,  
sanctissimæque Trinitáti

in suprénum latríæ cultum,  
pro tui ipsíus honóre et glória et pro meis  
totiúsque mundi necessitatibus, offeréndum.

Rogo ergo te, piíssima Mater, ímpetra mihi véniam  
ómnium peccatórum meórum,  
uberémque grátiam ipsi deinceps  
fidélius serviéndo,  
ac dénique grátiam finálem, ut eum tecum laudáre  
possim per ómnia sæcula sæculórum. Amen.

## *ORATIO AD S. IOSEPH*

Vírginum custos et pater, sancte Ioseph,  
cuius fidéli custodiæ ipsa Innocéntia,  
Christus Iesus et Virgo vírginum María  
commíssa fuit;  
te per hoc utrúmque caríssimum  
pignus Iesum et Maríam óbsecro et obtéstor,  
ut me, ab omni immundítia præservátum,  
mente incontamináta,  
puro corde et casto córpore  
Iesu et Maríæ  
semper fácias castíssime famulári. Amen.



## *PRAYER TO THE VIRGIN MARY*

Mary, most holy virgin and mother, look down upon me! I have now received your most dear Son. You conceived him in your immaculate womb; you gave birth to him, and nursed him, and enfolded him with most loving embraces. Humbly and with love I now present to you anew this Son of yours. His very appearance brought you joy and filled you with all delight. I offer him to you, that you may hold him again in your arms and love him with all your heart. I do this as an act of worship of the most holy Trinity, and I offer him for your honor and glory, that through him my needs and those of the whole world may be fulfilled. I ask you, most dear Mother, to obtain for me forgiveness of all my sins, the grace of serving Jesus most faithfully from now on, and the gift of final perseverance, so that with you I may praise him forever. Amen.

## *PRAYER TO ST. JOSEPH*

Saint Joseph, father and guardian of virgins, to whose faithful keeping Christ Jesus, innocence itself, and Mary, the virgin of virgins, were entrusted, I pray and beseech you by that twofold and most precious charge, by Jesus and Mary, to save me from all uncleanness, to keep my mind untainted, my heart pure, and my body chaste; and to help me always to serve Jesus and Mary in perfect chastity. Amen.

## CANTICUM TRIUM PUERORUM

Dan 3:57–88.56

*Ant.* Trium puerórum \* cantémus hymnum, quem cantábant sancti in camíno ignis, benedicéntes Dóminum. (T.P. Alleluia).

1. Benedícite, ómnia ópera Dómini, Dómino, \*  
laudáte et superexaltáte eum in sæcula.
2. Benedícite, cæli, Dómino, \*  
benedícite, ángeli Dómini, Dómino.
3. Benedícite, aquæ omnes  
quæ super cælos sunt Dómino, \*  
benedícat omnis virtus Dómino.
4. Benedícite, sol et luna, Dómino, \*  
benedícite, stellæ cæli, Dómino.
5. Benedícite, omnis imber et ros, Dómino, \*  
benedícite, omnes venti, Dómino.
6. Benedícite, ignis et æstus, Dómino, \*  
benedícite, frigus et æstus, Dómino.
7. Benedícite, rores et pruína, Dómino, \*  
benedícite, gelu et frigus, Dómino.
8. Benedícite, glácies et nives, Dómino, \*  
benedícite, noctes et dies, Dómino.
9. Benedícite, lux et ténebræ, Dómino, \*  
benedícite, fúlgura et nubes, Dómino.
10. Benedícat terra Dóminum, \*  
laudet et superexáltet eum in sæcula.
11. Benedícite, montes et colles, Dómino, \*  
benedícite, univérſa germinántia in terra,  
Dómino.
12. Benedícite, mária et flúmina, Dómino, \*  
benedícite, fontes, Dómino.

## CANTICLE OF THE THREE CHILDREN

Dan 3:57–88, 56

**Ant.** Let us sing the hymn of the three children, \* which these holy ones sang of old in the fiery furnace, giving praise to the Lord. (*Easter Time Alleluia.*)

1. Bless the Lord, all you works of the Lord;  
praise and exalt him above all for ever.
2. Heavens, bless the Lord;  
angels of the Lord, bless the Lord.
3. All you waters that are above the heavens,  
bless the Lord,  
let all the powers bless the Lord.
4. Sun and moon, bless the Lord;  
stars of heaven, bless the Lord.
5. Every shower and dew, bless the Lord;  
all you winds, bless the Lord.
6. Fire and heat, bless the Lord;  
cold and heat, bless the Lord.
7. Dews and hoar frosts, bless the Lord;  
frost and cold, bless the Lord.
8. Ice and snow, bless the Lord;  
nights and days, bless the Lord.
9. Light and darkness, bless the Lord;  
lightnings and clouds, bless the Lord.
10. Let the earth bless the Lord;  
let it praise and exalt him above all for ever.
11. Mountains and hills, bless the Lord;  
everything growing from the earth,  
bless the Lord.
12. Seas and rivers, bless the Lord;  
fountains, bless the Lord.

13. Benedícite, cete et ómnia quæ movéntur  
in aquis, Dómino, \*  
benedícite, omnes vólucres cæli, Dómino.
14. Benedícite, omnes béstiae et pécora, Dómino, \*  
benedícite, filii hóminum, Dómino.
15. Bénedic, Israel, Dómino, \*  
laudáte et superexaltáte eum in sæcula.
16. Benedícite, sacerdótes Dómini, Dómino, \*  
benedícite, servi Dómini, Dómino.
17. Benedícite, spíritus et ánimæ iustórum, Dómino, \*  
benedícite, sancti et húmiles corde, Dómino.
18. Benedícite, Ananía, Azaría, Mísael, Dómino, \*  
laudáte et superexaltáte eum in sæcula.
19. Benedicámus Patrem et Fílium  
cum Sancto Spíritu; \*  
laudémus et superexaltémus eum in sæcula.
20. Benedíctus es in firmaménto cæli \*  
et laudábilis et gloriósus  
in sæcula.  
Hic non dícitur Gloria Patri... neque Amen.

### *Psalmus 150*

1. Laudáte Dóminum in sanctuário eius, \*  
laudáte eum in firmaménto virtútis eius.
2. Laudáte eum in magnálibus eius, \*  
laudáte eum secúndum multitudínem  
magnitúdinis eius.
3. Laudáte eum in sono tubæ, \*  
laudáte eum in psaltério et cíthara.
4. Laudáte eum in týmpano et choro, \*  
laudáte eum in chordis et órgano.
5. Laudáte eum  
in cýmbalis benesonántibus, \*

13. Whales and all that move in the waters,  
    bless the Lord;  
    all you fowls of the air, bless the Lord.
14. All you beasts and cattle, bless the Lord;  
    sons of men, bless the Lord.
15. Israel, bless the Lord;  
    praise and exalt him above all for ever.
16. Priests of the Lord, bless the Lord;  
    servants of the Lord, bless the Lord.
17. Spirits and souls of the just, bless the Lord;  
    holy men of humble heart, bless the Lord.
18. Ananias, Azarias and Misael, bless the Lord;  
    praise and exalt him above all for ever.
19. Let us bless the Father and the Son,  
    with the Holy Spirit;  
    let us praise and exalt him above all for ever.
20. Blessed are you, Lord, in the firmament of heaven;  
    and worthy of praise, and glorious above all  
    for ever.

Neither the Glory Be nor Amen is said.

### *Psalm 150*

1. Praise the Lord in his holy place,  
    praise him in his mighty heavens.
2. Praise him for his powerful deeds,  
    praise his surpassing greatness.
3. O praise him with sound of trumpet,  
    praise him with lute and harp.
4. Praise him with timbrel and dance,  
    praise him with strings and pipes.
5. O praise him with resounding cymbals,  
    praise him with clashing of cymbals.



laudáte eum in cýmbalis iubilatiónis: \*  
omne quod spirat, laudet Dóminum.

Gloria Patri...

**Ant.** Trium puerórum \* cantémus hymnum, quem cantábant sancti in camíno ignis, benedicétes Dóminum (T. P. Alleluia).

Kýrie, eléison. Christe, eléison. Kýrie, eléison. Pater noster...

℣. Et ne nos indúcas in tentatiónem.

℟. **Sed líbera nos a malo.**

℣. Confiteántur tibi, Dómine, ómnia ópera tua.

℟. **Et Sancti tui benedícant tibi.**

℣. Exsultábunt sancti in glória.

℟. **Lætabúntur in cubílibus suis.**

℣. Non nobis, Dómine, non nobis.

℟. **Sed nómini tuo da glóriam.**

℣. Dómine exáudi orátióem meam.

℟. **Et clamor meus ad te véniat.**

Sacerdotes addunt:

℣. Dóminus vobíscum.

℟. **Et cum spírítu tuo.**

Orémus.

Deus, qui tribus púeris mitigásti flammás ignium: concéde propítius; ut nos fámulos tuos non exúrat flamma vitiórum.

Actiões nostras, quæsumus, Dómine, aspirándo præveni et adiuvándo proséquere: ut cuncta nostra orátio et operátio a te semper incípiat, et per te cœpta finiátur.

Da nobis, quæsumus, Dómine, vitiórum nostrórum flammás extínguere: qui beáto Lauréntio tribuísti tormentórum suórum incéndia superáre. Per Christum, Dóminum nostrum. **℟. Amen.**

Let everything that lives and breathes  
give praise to the Lord.

Glory be...

**Ant.** Let us sing the hymn of the three children,  
which these holy ones sang of old in the fiery furnace,  
giving praise to the Lord (**Easter Time Alleluia**).

Lord, have mercy. Christ, have mercy. Lord, have mercy. Our Father...

**V.** And lead us not into temptation,

**R.** But deliver us from evil.

**V.** Let all your works praise you, Lord.

**R.** And let your saints bless you.

**V.** Your saints shall rejoice in glory.

**R.** They shall rejoice in their resting place.

**V.** Not unto us, Lord, not unto us,

**R.** But unto your name give glory.

**V.** O Lord, hear my prayer.

**R.** And let my cry come unto you.

**Priests add:**

**V.** The Lord be with you.

**R.** And with your spirit.

Let us pray.

God, who allayed the flames of fire for three children, grant in your mercy that the flame of vice may not consume us your servants.

Direct, we beseech you, Lord, our actions by your inspirations and further them by your assistance, so that every word and work of ours may begin always from you and by you be likewise ended.

Quench in us, we beseech you, Lord, the flame of vice, even as you enabled blessed Lawrence to overcome his fire of sufferings. Through Christ our Lord.

**R.** Amen.

*PSALMUS 2*

*Ant.* Regnum eius\* regnum sempiternum est, et omnes reges sérvient ei et obœdient (T. P. Allelúia).

1. Quare fremuérunt gentes, \*  
et pópuli meditáti sunt inánia?
2. Astitérunt reges terræ,  
et príncipes convenérunt in unum \*  
advérsus Dóminum et advérsus christum eius:
3. "Dirumpámus víncula eórum \*  
et proiciámus a nobis iugum ipsórum!"
4. Qui hábitat in cælis irridébit eos, \*  
Dóminus subsannábit eos.
5. Tunc loquétur ad eos in ira sua \*  
et in furóre suo conturbábit eos:
6. "Ego autem constítui regem meum \*  
super Sion, montem sanctum meum!"
7. Prædicábo decrétum eius.  
Dóminus dixit ad me:  
"Fílius meus es tu; \* ego hódie génui te.
8. "Póstula a me, et dabo tibi gentes  
hereditátem tuam \*  
et possessiónem tuam términos terræ.
9. Reges eos in virga férrea \*  
et tamquam vas fíguli confrínges eos".
10. Et nunc reges intellégite, \*  
erudímini, qui iudicátis terram.

## PSALM 2

This messianic psalm should inspire us with courage to persevere in spite of the attacks of the devil against the kingdom of God on earth. It also reminds us that our hope comes from our being children of God.

**Ant.** His kingdom is a kingdom of all ages, and all kings shall serve and obey him. (Easter Time Alleluia.)

1. Why this tumult among nations, \*  
among peoples this useless murmuring?
2. They arise, the kings of the earth; \*  
princes plot against the Lord  
and his anointed.
3. "Come, let us break their fetters; \*  
come, let us cast off their yoke."
4. He who sits in the heavens laughs \*;  
the Lord is laughing them to scorn.
5. Then he will speak in his anger, \*  
his rage will strike them with terror.
6. "It is I who have set up my king on Zion, \*  
my holy mountain."
7. I will announce the decree of the Lord:  
The Lord said to me: "You are my Son. \*  
It is I who have begotten you this day.
8. "Ask and I shall bequeath to you  
the nations,  
put the ends of the earth in your possession.
9. "With a rod of iron you will break them \*  
shatter them like a potter's jar."
10. Now, O kings, understand; \*  
take warning, rulers of the earth;

11. Servíte Dómino in timóre \*  
et exsultáte ei cum tremóre.
12. Apprehéndite disciplínam, ne quando irascátur,  
et pereátis de via,\* cum exárserit in brevi ira eius.  
Beáti omnes,\* qui confídunt in eo.
13. Glória Patri...

*Ant.* Regnum eius \* regnum sempitérnum est, et omnes reges sérvient ei et obœdient (*T.P. Allelúia*).

*Y.* Dómine, exáudi oratiónem meam.

*R.* **Et clamor meus ad te véniat.**

*Sacerdos addunt:*

*Y.* Dóminus vobíscum.

*R.* **Et cum spíritu tuo.**

Orémus.

Omnípotens sempitérne Deus, qui in dilécto Fílio tuo, universórum Rege, ómnia instauráre voluísti: concéde propítius; ut cunctæ famíliæ géntium, peccáti vúlnerē disgregátæ, eius suavíssimo subdántur império: Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus: per ómnia sæcula sæculórum.

*R.* **Amen.**

### **ORATIO AD S. MICHAEL ARCHANGELUM**

Sancte Míchaél Archángele,  
defénde nos in proélio,  
contra nequítiam et insídias diáboli  
esto præsídiū.

Imperet illi Deus, súpplīces deprecámur:  
tuque, princeps milítīæ cæléstis,  
sátanam aliósque spíritus malignos,  
qui ad perditionem animárum pervagántur in  
mundo, divína virtúte,  
in inférnum detrúde. Amen.



11. Serve the Lord \*

with awe and trembling.

12. Pay him your homage, lest he be angry and you perish, \* for suddenly his anger will blaze.

Blessed are they \* who put their trust in God.

13. Glory be...

*Ant.* His kingdom is a kingdom of all ages, and all kings shall serve and obey him. (*Easter Time Alleluia.*)

*V.* O Lord, hear my prayer.

*R.* **And let my cry come unto you.**

*Priests add:*

*V.* The Lord be with you.

*R.* **And with your spirit.**

Let us pray.

Almighty and eternal God, you have renewed all creation in your beloved Son, the king of the whole universe. May all the people of the earth, now torn apart by the wound of sin, become subject to the gentle rule of your only-begotten Son: Who lives and reigns with you and the Holy Spirit, God, for ever and ever.

*R.* **Amen.**

### ***PRAYER TO ST. MICHAEL THE ARCHANGEL***

Saint Michael the Archangel,  
defend us in battle;

be our defense against the wickedness  
and snares of the devil.

May God rebuke him, we humbly pray.

And do you, O prince of the heavenly host,  
by the power of God

thrust into hell Satan and all the evil spirits  
who prowl about the world  
for the ruin of souls. Amen.

## LITANY OF HUMILITY

Cardinal Merry del Val, who composed this litany, often recited it after the celebration of the Holy Mass.

O Jesus! meek and humble of heart, **Hear me.**  
From the desire of being esteemed, **Deliver me, Jesus.**  
From the desire of being loved,...  
From the desire of being extolled,...  
From the desire of being honored,...  
From the desire of being praised,...  
From the desire of being preferred to others,...  
From the desire of being consulted,...  
From the desire of being approved,...  
From the fear of being humiliated,...  
From the fear of being despised,...  
From the fear of suffering rebukes,...  
From the fear of being calumniated,...  
From the fear of being forgotten,...  
From the fear of being ridiculed,...  
From the fear of being wronged,...  
From the fear of being suspected,...  
That others may be loved more than I,  
**Jesus, grant me the grace to desire it.**  
That others may be esteemed more than I,...  
That in the opinion of the world  
others may increase and I may decrease,...  
That others may be chosen and I set aside,...  
That others may be praised and I unnoticed,...  
That others may be preferred to me in everything,...  
That others become holier than I, provided that  
I may become as holy as I should,...